



## Ground COVERS

Ground covers are the key to completing any landscaped garden; they are the stalwarts in the garden and are ridiculously easy to grow; they are easy on the wallet and the bonus is that where ground covers flourish you will not have any weeds growing as they suppress weed germination.

### Sun lovers ground covers

Parahebe masses of **sky blue flowers**.  
Verbena bushy mass of **pink flowers**.  
Geranium Incanum **silvery leaves** with **mauve flowers**.

### Shade loving ground covers

Sutera white and mauve small flowers in mass  
Lamium fast growing **yellow-green** leaves  
**rose-pink flowers** Ajuga shiny metallic leaves, **dark blue flowers**.

## OUR NEXT MEETING

**Date:** 11th February 2012  
**Time:** 1:30 for 2:00  
**Venue:** Outing to Doonholm Herb Nursery

If you did not get a map at our previous meeting Please contact me on 083 279 0760

## Just for the fun of it

Are you proud of a photograph you have taken in your garden?

e-mail me or bring in your best image and stand a chance of winning a Lifestyle Home Garden gift voucher and we will print it in the next newsletter.

All photo's will be judged by a panel from Lifestyle  
Please contact Pam on 083 279 0760.

## Hello & Welcome to gardening 2012

**Most of us make some or other new years resolutions - how about making some gardening resolutions for 2012?**

Hmmm, just when you thought there was nothing to do in the garden?

- 1) Firstly to improve our soil, by adding plenty of compost.
- 2) To water thoroughly once or twice a week rather than a daily sprinkling; as this encourages root systems to grow downwards in search of water.
- 3) To spray only when it is absolutely necessary.
- 4) One of my favourites – do not procrastinate! Bend down and pull out that weed as soon as you see it, this way we will not allow them to set seeds and spread further.
- 5) Carry a pair of secateurs with you in the garden to remove any diseased or dead flowers whilst walking in the garden.
- 6) To walk round your garden after a rainfall, to see what area's did not receive rain (either because of a large tree or shrub) or to see if there are any area's that have a drainage problem?
- 7) Keep a dairy, as this takes the guess work out of gardening; on a personal note, I do not want to plant something that has not worked for me previously: surprising how we forget what we have had success or failure with. A dairy will remind you of what flowers when and for how long, also this is a get way of keeping notes on the various plants in your garden.
- 8) But most importantly to make a note to ENJOY our gardens (it can't just be all about hard work!) and of course to share the fruits of our labour with friends and family.



*Yours in  
the garden*

Pam Groen