

THE LIFESTYLE ISLAMIC GARDEN CLUB

AUGUST 2013 NEWSLETTER



Lawns & Things

- Plant Fever Few underneath your roses and also in your vegetable garden as this amazing little herb acts as a natural insecticide.



The flowers of the 'Feverfew' (above) can be dried and ground into an insect-repelling powder. Grows easily from seed - however will die back in the winter.

BORED?

Are you bored with the look of your garden? - or just want to introduce something new. Why not add an 'archway' and plant some summer fragrant climbers to grow across the arch. Suggested climbers - Roses = wedding garden or an iceberg. Alternatively, the good old faithful Star Jasmine or my personal favourite the Wisteria, stunningly beautiful.

What to plant

Calendula Officinalis, This is an easy to grow sun loving bedding plant with yellow or orange flowers. The petals are an antiseptic with antifungal properties.

Wonderful for nappy rash, also helps soothes tooth ache. Taken internally it helps to balance the digestive system as well as being a mild laxative; Spring preparation can be started now; one of the most important garden chores would be to add as much compost to your garden beds as possible! (Yes, home made compost always gets the thumbs-up!)



Rhubarb crowns can be planted out now. August is an excellent month to plant new fruit trees; however, do protect an early flowering fruit blossom from late frost by covering with "frost guard".

Before the new growth starts, prune back any unwanted growth on hedges. If you are lucky enough to have raspberries growing in your garden, the end of August is a good time to prune back the canes.

This is a great month for moving plants around, which have grown too large for where they are presently planted, or to re-position plants in a different part of the garden.



Crassula Capitella

Crassula Capitella is a hardy indigenous groundcover with leaves that change colour to a deep red from an orange/red.

Due to its cascading habit, Crassula is ideal for baskets and containers.

Plant up a colander garden



Use an aluminium colander as an instant hanging basket. These are ideal as they can take quite a bit of weight and have ready-made drainage holes.

Plant with herbs and hang on a chain near your kitchen door for easy access.



OUR NEXT MEETING

Date: 17th of August
Time: 1:30pm for 2:00pm
Venue: Lifestyle Lecture Hall